

# *Nederland Community Center*

## *June 2009*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Circuit Training</i> 8:30-10:00am	2 <i>Yoga</i> 8:30-9:30am	3 <i>Circuit Training</i> 8:30-10:00am <i>Pick-up Basketball</i> 6:00-8:00pm	4 <i>Physical Therapy</i> 3:00-5:00pm <i>Pick-up Basketball</i> 6:00-8:00pm	5 <i>Circuit Training</i> 8:30-10:00am	6
7	8 <i>Circuit Training</i> 8:30-10:00am	9 <i>Yoga</i> 8:30-9:30am	10 <i>Circuit Training</i> 8:30-10:00am <i>Pick-up Basketball</i> 6:00-8:00pm	11 <i>Physical Therapy</i> 3:00-5:00pm <i>Pick-up Basketball</i> 6:00-8:00pm	12 <i>Circuit Training</i> 8:30-10:00am	13
14	15 <i>Circuit Training</i> 8:30-10:00am	16 <i>Yoga</i> 8:30-9:30am	17 <i>Circuit Training</i> 8:30-10:00am <i>Pick-up Basketball</i> 6:00-8:00pm	18 <i>Physical Therapy</i> 3:00-5:00pm <i>Pick-up Basketball</i> 6:00-8:00pm	19 <i>Circuit Training</i> 8:30-10:00am	20
21	22 <i>Circuit Training</i> 8:30-10:00am	23 <i>Yoga</i> 8:30-9:30am	24 <i>Circuit Training</i> 8:30-10:00am <i>Pick-up Basketball</i> 6:00-8:00pm	25 <i>Physical Therapy</i> 3:00-5:00pm <i>Pick-up Basketball</i> 6:00-8:00pm	26 <i>Circuit Training</i> 8:30-10:00am	27
28	29 <i>Circuit Training</i> 8:30-10:00am	30 <i>Yoga</i> 8:30-9:30am				